

Mt. Carmel High School Cross Country

9550 Carmel Mt. Rd., San Diego, Ca 92129 -- 858/484-1180

Dear Parent,

We are contacting you on behalf of the Mt. Carmel High Cross Country program. We are one of the better XCP programs in the San Diego Section and this year have over 90 athletes. Last year our Boys and Girls Varsity, and Boys and Girls Junior Varsities were Valley League Champions. We sent both our teams to compete in the California State Cross Country Championships the last three years and we pride ourselves that our athletes have a positive experience and grow as individuals while competing in our program.

In order to maintain our success we need to fundraise for our program every year. The school provides us with a budget of \$600 and 1.5 coaching stipends for the year. We have 5 teams in the program, Varsity, JV and Frosh Boys, and Varsity and JV Girls. We have outlined on the back side of the letter an estimate of our yearly cost for the team. We host the Mt. Carmel XC Invite each year and this brings in a large portion of the costs. In order to raise the rest of our funds we are asking for your help.

We are asking that every parent donate between \$30 to \$50. If you cannot do that amount please try and help with something less. **But please don't just throw the letter and say that helping my student athlete is someone else's responsibility.**

We realize that you are asked to help out many other causes and now we have become another one. But compared to every sport here at MC you will find that our request is probably the least. If everyone donates we can achieve what we need. When you help us please fill out the form below and detach it at the indicated line. Everything that you donate is 100% tax deductible. Thank you for taking the time to read the letter and hopefully support our team.

Sincerely,

Nathan Boyer, Head Coach

Cross Country Athlete _____

\$30 () \$50 () \$75 () \$100 () _____ Any Amount

Please check the box with the amount that you wish to donate.

Make out all checks to MCHS Athletic Foundation

Return this form and your donation to the following address.

Mt. Carmel High Cross Country, 9550 Carmel Mt. Rd., San Diego, Ca 92129

Thank You for Supporting MC Cross Country

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Cross Country – Why we need your support and what we pay for.

Expenses –

1. **Coaches Pay** – The district pays for 1.5 stipends for the team even though we have 90+ athletes and 5 levels of teams. We pay for 2.5 coaches

Cost \$6000

2. **Meet Entry Fees** – We have to pay to go to the 5 invitationals we compete in as well as pay to enter CIF.

\$850 to enter or invitationals and CIF

3. **San Luis Obispo Meet** – We have to pay for gas and lodging for the athletes going.

\$1000 - \$1500

4. **Uniforms** -- We will be adding to our uniforms (24 sets) to replace what are lost or worn out.

\$750

5. **Team Shirts** – for all of the athletes on the team.

\$750

6. **Meet Day Shirts** -- for all of the athletes on the team. Both boys and girls.

\$2500

7. **State Meet Expenses** - We only receive transportation from the school.

\$1000

8. **Additional Expenses** – Websites, team meals at CIF, End of Season Awards

\$600

Total - \$13,600 to \$11,000

Income – From PUSD ? last year was \$600

From Invitational \$9,400

Shortfall to make up. \$3500

Mt. Carmel XC-Teamwork will help us achieve more